

**Our aim is to support and enable people to become and remain central to the decisions that are made about their life.**

“Advocacy is taking action to help people say what they want, secure their rights, represent their interests and obtain the services they need. Advocates and advocacy schemes work in partnership with the people they support and take their side. Advocacy promotes social inclusion, equality and social justice”

**(Action for Advocacy 2006)**

## How to contact Advocacy

If you want more information about the advocacy support we can provide, or how to get in touch with social services, then please contact us.

The services are available Monday to Friday between 9 am and 5 pm.

Telephone: **020 7358 7007**

Email: [lmca@ch1889.org](mailto:lmca@ch1889.org)

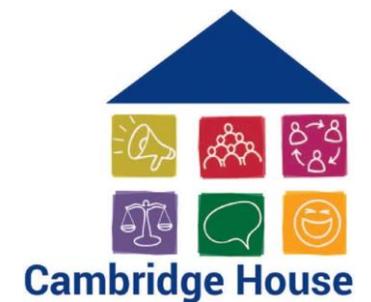
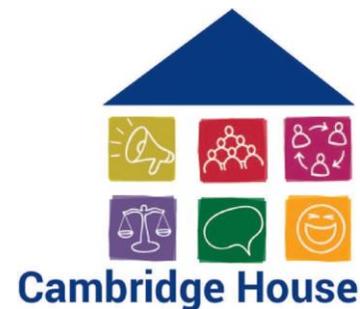
Website: [www.ch1889.org](http://www.ch1889.org)

By post: **Cambridge House Advocacy  
Cambridge House  
1 Addington Square,  
London SE5 0HF**



Royal Borough of Kingston

## Advocacy



## What is an advocate?

An advocate supports people to be as fully involved as possible in decisions which affect their lives. They work with people to ensure their views, wishes and feelings are communicated and heard, speaking on their behalf where necessary.

## Kingston Advocacy

The purpose of the service is to provide advocacy for Kingston residents with a learning disability or a mental health condition, who may or may not be known to statutory services within the Royal Borough of Kingston upon Thames.

We also work with people who lack capacity using non-instructed advocacy. We can support people to ask for services, promote individuals' rights and inclusion and ensure the person is kept at the centre of decisions made about them.

## How do I refer? Can I refer?

Self-referrals are welcome. Referrals can also be made by family and friends and social care, health care or medical professionals.

If you need to get in touch with us with a query or you want to make a referral to one of these services the contact details are on the reverse. We look forward to hearing from you.

## Confidentiality

All of our information is treated in strict confidence, we only pass on information that you have agreed to share unless we believe that you or someone else is in danger. Please request a full copy of our confidentiality policy

## We will not

- Make choices for you
- Give legal advice
- Provide befriending or support work
- Provide emergency support

## How can our advocacy service help?

The Advocacy service works on a range of issues, not limited to:

- Support to access benefit entitlements
- Young people (18+) in transition to adult services
- Parental issues
- People with a learning disability or mental health condition who live with elderly carers
- People with a learning disability or mental health condition who have issues or concerns about the service they receive
- Attendance at best interest meetings
- Any issues presented by moving home or a tenancy
- Access to community facilities and activities
- Addressing issues or concerns about the service they receive
- Work or education
- Support in building relationships
- Housing related issues, including where to live
- Accessing healthcare
- Involvement in a circle of support
- Advocacy and liaison with support providers
- Help in establishing social contacts and activities
- Support with hate crime
- Support if legal advice is required

## The Advocacy Service

This is a free independent and confidential service for people living in Kingston with learning disabilities, or Mental Health issues, those seeking to access social care services to address issues relating to their social and NHS care

**Cambridge House is independent from adult social care and health services and the service is free.**

